



**RATIOS:**

1:10 Adults to participants

**SUPERVISOR POSITION:**

FP instructed activity. Instructor ideally needs to be at the front as they will be stopping the group at pre-set locations to complete first aid scenarios. One adult at back of group when walking.

**SUPERVISOR ROLES:**

Adult helpers must be willing to assist participants with the first aid scenarios, and

**SAFETY ACTION PLAN**

get involved with the participants and the environment. Adults are unsuited if they are unwilling to get "dirty".

**EQUIPMENT SUPERVISOR:**

Same as participants

**EQUIPMENT PARTICIPANT:**

- a) Clothes: Old clothes as participants can get wet and/or muddy
- b) Foot wear: Walking shoes

**PARTICIPANT REQUIREMENTS:**

- a) Minimum age: 8 years

**ACTIVITY: BUSH FIRST AID**

- b) Minimum level of competency: Must be able to navigate rocky, uneven terrain, listen to instructions, use hands and feet for climbing steep terrain. Must be fit and able.

**RESTRICTIONS:**

None

**ACTIVITY IN OPERATIONS:**

Activity is instructed by FP staff.

Activity	The Adventure Trail			Supervision category	Adult supervision required!
Area	Next to Finlay Road before going up the hill, left hand side, 500 meters from camp			Date reviewed	November 2020
Hazard (what poses the threat)	Poss. Risk (injury outcomes)	Category (environment, people, equipment)	Risk Rate	Controls in place (What we do to either eliminate, minimise or isolate the hazard or risk)	
Uneven terrain	Minor injuries (like rolled ankles, bruises, cuts, and scrapes)	People	Medium	All participants are required to wear walking shoes, and to stay on track. Supervising adults are spread out between participants up to a 1:10 ratio. The nature of the adventure trail is a bush experience where participants crawl, climb and walk over branches, logs, through streams, etc. Some minor injuries are part of this experience.	
Branches/ rocks		Envir	Medium	Track is checked and cleared before activity commences	
Cars on road	Major injuries	People	High	<b>Groups making their way to the adventure trail are required to walk of the road on a generous grass strip running alongside it.</b>	
Falling of steep slopes or rock area's		Envir	Medium	All participants are required to go single file up the hill to give supervising adults good control. A rope ladder and chain are used to guide participants up parts of the track. At night the fall areas should be covered with lights from individual torches or head lights. Adults must be stationed with a torch at the specific high risk spots. Not advisable for young children at night.	
Trees / branches/ debris from top of hill	Struck by debris	Envir	Medium	Track is checked and cleared before activity commences	
Rope ladder / chain	Equipment failure	equip	High	Rope ladder and chain are checked before activity commences. Rope ladder is equipped with a breakaway security chain.	
Weather	Participants getting to wet or cold	Envir	Medium	Participants are informed beforehand to dress for the forecast. As the location is in close proximity to the main camp the threat of hypothermia is minimal	
Fall off stretcher	Minor injuries (like sprains, bruises, cuts, and scrapes)	people	Medium	Tell groups that communication and safety is key. Ensure each group has enough people helping to carry stretcher. Have 1 adult overseeing each stretcher group	
					Responsible (who is responsible for dealing with this hazard during activity)